May - June 2023







Jeremy Tarkinton of North Fork Machine LLC

Alsea Valley Voice

May-June 2023 Vol

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Letter From The Editor

By Kathy Adair

I don't know about you, but going from winter cold rain weather straight into summer heat is a shock to the system. But, I will take it over having it snow in May, like last year. Trees and plants are just bursting forth in new growth and it is truly a welcome sight!

I want to send a hearty "Thank You!" to Consumer Power and ODOT, support crews and individuals who worked hard to clear roads and restore power this past winter. You are amazing people and you are all truly appreciated!

This issue of the AVV is filled with great information from fire preparedness and prevention, Permaculture and a local machining business. Updates from Town Hall meetings and our ACE Art events that we are really excited about. Put June 3rd on your calendar for an artist meet and greet with live music!

Our community has so much going on and it warms the heart. Hope Grange has been sponsoring some events and the Garden Club had a successful plant sale. Lots going on and if you want to be involved, there are opportunities everywhere. You are needed and wanted and volunteering, even in a small way, is so very rewarding.

If you would like to submit an article, please let me know. The next deadline for article submission will be **July 15th, 2023**. This will be for the July/August issue. If you are an organization or business, think about what is coming up that you would like the community to know about and let's get something in the AVV.

As always, if you have questions or article submissions, please don't hesitate to message me on Facebook Messenger or email me at our new email – <u>AlseaValleyVoice1@gmail.com</u>. Don't forget the "1" on the email. You can also still get a hold of me on my personal email.



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Musings from the ACE President

Is spring finally here?!?!? Or did we zoom right into summer....? In any event, the trees are in bloom and the birds and bees are back filling the air with song and the buzz of activity. Many of us here in this rural community are also cleaning up from long winter of wind and rain, and preparing our holdings for the hot dry weather that is forecasted through fall. Part of this activity is focused on clearing the area around our homes and outbuildings of fallen debris, creating a perimeter of safety from any potential fire hazard. This important chore will help lessen the likelihood of your home being engulfed in a possible fire near your surroundings.

One of the more rewarding spring rites of passage is planting this year's gardens. After a long dreary winter pouring over all the various seed catalogs and nursery flyers, and/or visiting our local plant providers. And after carefully nurturing all the garden seed starts under carefully controlled lights and temperature, it's time to get some dirt under your nails and fill the family plot with this year's hope and dreams.

I wish you all a safe and prosperous summer, and a bountiful harvest.

Eddy Provost, ACE President

"Personal growth lies within the unknown; courage permits you to explore this space."

Alsea Community Champions - Pledge Form

I (we) will contribute \$______towards the Alsea Library Community Center operations, Maintenance Fund, and/or Alsea Valley Voice newsletter. Please make checks payable to Alsea Community Effort, or A.C.E., and mail donations to 19192 Alsea Hwy, Alsea, OR 97234. You can also drop donations off at the library. Name(s)______ Phone______ Address______ E-Mail______ I (we) would like my donation to remain anonymous Please contact me(us) to set up automatic deduction payments

ACE Art Happenings and Events

Lots of exciting happenings are ongoing and upcoming at the Library and Community Room this month throughout June and all the way up until the end of the year!

First of all, Debi Friedlander's current Mixed Media Exhibit, "Art in the Rainshadow, Color Light and Layers," is in its final month at the library and community room. This month will highlight Debi's beautiful artwork with a "Meet the Artist" event scheduled for Saturday, June 3rd, at 2:00pm, catered by The Thyme Garden with Music by local talent Steve Moore and Michelle Dedman!

Please see the Flyer in this edition of the AVV with details about this event!

Don't miss this chance to come enjoy an afternoon of Art, Food, Music and Friends, sponsored by ACE! Also, this may be the last opportunity to sign up for her workshop coming up later this month on June 24, from 11:00-3:00pm, when Debi will teach registered participants how to make their own "Capella Art Piece."

Secondly, Peggy Sharrow will be exhibiting her Fiber Artwork from July through September here at the library and Community Room! Peggy has shown her artwork numerous times in collaborative exhibits both here in Alsea with the Corvallis Art Guild and the Willamette Valley Plein Air Painters, "Vistas and Vineyards." Her work has also been shown in several venues throughout the Corvallis area, among them: in Ecru, a fabric/wearable arts store in Corvallis back in the 1980's, several times in the Arts Center in the Corrine Woodman Gallery and in shows at the LaSells-Stewart Center. Ms. Sharrow says that she is continually striving to improve her skills and attempt new challenges in art and creativity. In Peggy's words, *"I have been doing something with needle and thread since the age of 4. I have also been drawing since I was very young. I am inspired by materials, threads, fabrics, special papers, etc. Fiber is my main medium and I often look at landscapes, flowers, and animals and think of how to portray them in fiber."*

Peggy will also present a workshop, "Hoopless Enbroidered Quilt Pictures," during her 3-month exhibit here in Alsea. Her workshop, will be offered on September 9, and will be available for registration in mid-August. Look for the flyer announcing details of this upcoming workshop in the August issue of the AVV!

Finally, the last Art Exhibit for this year will be "Cuba! Photographic Images of the Island of Cuba," an exhibit of photographs by renown local photographer, Donna Bader. Donna will show her outstanding photographs from her world travels and offer a workshop titled "Putting It Together: Tips for Composition in Photography."

Details upcoming in the next AVV!

ACE would like to thank the Alsea Community for their support of the ARTS in ALSEA! Hope to see you Saturday, June 3rd, at 2:00pm for the next event!



Library Lines

by Kathy Koetz

I think that spring has finally arrived! As of this writing it has not snowed for a couple of weeks and I have started working on flower baskets for summer. Do you want to try something new this year? Not sure just which flowers or vegetables will grow here? We have the books and DVD's that will help you choose from the wide variety available in our area.

The Summer Reading theme for 2023 is Find Your Voice! We are looking forward to a great summer with inperson Summer Reading programs for all ages throughout the summer! Any and all can participate, but you will receive a FREE book (or two) to keep if you sign up!

All SR programs on are on Wednesday at 2:30 this summer

Dates are as follows;

- June 14 Fiesta con Nathalia: a Bilingual family concert at Alsea School at 2:15 pm
- June 21 Super Family Get Down with Mo Phillips and his Fine Fellows
- June 28 Reading Magic with Jeff Evans
- July 12 Oregon Rocks! Museum of Natural and Cultural History
- July 19 Creature Teachers
- July 26 Jessa Campbell & the Saplings
- Aug? SR Finale Outdoors



2nd graders at story time for May the Fourth

NORTH FORK MACHINE LLC There's a new business in Alsea!

by Janet Hagen



The Tarkinton's moved here 20 years ago on Valentine's Day. And, it has been known to me as the blueberry place as you head into town. Kerrie currently works for the ODFW and Jeremy works in a large machine shop. He trained as a diesel mechanic in college with the idea of working on big trucks, but quickly learned you can't get a job without your own tools, so he turned to machine shop work "while he earned money for his tools" but discovered he preferred the machine shop work and never looked back.

Like many of us, the couple began to dream the dream of real country life: working from home, deleting the long commute required when you work just about anywhere else from Alsea, utilizing their property in a low footprint kind of way. Over time they were able to build a small machine shop, buy one and then a second machine, doubling their possibilities for output.

When asked how they get business, Jeremy replied that when jobs come up, the purchaser always needs them in a hurry, (like yesterday....we've all heard it) so some work comes from shops just like theirs, taking overflow from each other. Jeremy tells me there are a lot of companies of this sort and they all kind of trade work around to speed things up for the customer. Kerrie adds that everything needs parts. This is great information, something that is vital to all things "held together" but never noticed.

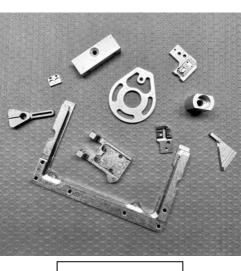
The whole process is so interesting! Jeremy receives an engineered drawing of the part needed. On his computer he constructs a 3-D code, which has to be extremely accurate, and puts it into a CNC mill (a huge machine) where it is created, usually out of metal to match that pattern. After some loud(ish) noise of robotic crafting, out comes a matching "gizmo" to the drawing earlier programmed in.

Knowing that high school students might be interested in this as a career, one of their hopes for the future is to have students over to take a look and see what is happening in this world of creating the widgets that hold everything together, or make it go! As a couple, they have also dipped into some creative artistry with the tool such as large wind chimes with steel and a broad fork for turning non-rototillable garden spaces (raised beds for instance) and Kerrie has even latched onto a created but not needed piece, as jewelry!

Jeremy and Kerrie plan to continue to grow their business and expand their capabilities into the future, for more information you can find them at www.northforkmachine.com.



Jeremy and Janet





Various Parts

Inside the Machine

Town Hall with Oregon Representative David Gomberg

By Sara Cash

Representative Gomberg reached out to the Alsea Community for another Town Hall to follow up on his visit to the Commissioner's Corner last December. Fourteen community members attended a public meeting held at the Alsea Library Community Room on April 1st. A lively and complex discussion made it clear how home building and economic development for the Alsea community are stymied by governmental regulation in various areas. Janet Hendrix made it clear how much returning to the original zoning for Alsea concerning business and multi-use properties would allow for development to strengthen the community through economic development and affordable housing. Among the topics brought to the table were the need for a creative solution for reopening the gas station. Alsea School Board Chair Risteen Follett, Jamie Olsen, and Sara Cash brought different perspectives on how to address the budget crunch at the Alsea School District.

Alsea Leadership Meeting

By Sara Cash

On April 11th, 2023 leadership from almost 30 local volunteer organizations and funded agencies gathered for a leadership meeting at the Alsea Library Community Room. Participants shared information about the purpose and activities of the organizations they represented. Discussion focused on identifying service gaps in the local community, how local organizations could collaborate on projects to minimize effort while maximizing effect, and how communication could be improved amongst the groups.

Commissioner's Corner with Benton County Commissioner Xan Augerot and Lincoln County Commissioner Kaety Jacobsen

By Sara Cash

On April 17th, 24 community members gathered at the Alsea Hope Grange for an opportunity to share community concerns with visiting county commissioners at a meeting organized by Phil Plaza. County obstacles to planning and economic development took center stage, with Janet Hendrix proposing a return to the special multiuse land category Alsea originally had. Commissioner Augerot stated that there is new leadership at the planning department, which is intended to eliminate the kinds of barriers residents have encountered when attempting to develop or use their property. She said Alsea folks should reach out to Patrick Depa, who handles rural planning requests for Benton County Planning. The possibility of creating a focus group or reconvening the CAC board were discussed to facilitate growth in Alsea. Joni Olsen reiterated the need for development of affordable housing in Alsea. Requests were made for resurfacing Alsea-Deadwood Highway and Lobster Valley Road, placing traffic cameras on Alsea and Lobster Summits, and repairing the bridge over Alsea River. Commissioner Augerot said that the county plans to invest in infrastructure for water and sewer using American Rescue Plan Act funds but are waiting to see what the budget will be. She also explained that the portion of Lobster Valley Road that was storm damaged will be repaired when the weather clears up a bit.

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ACE invites EVERYONE to come meet Debi Friedlander, whose beautiful fine art is on exhibit at the Alsea Community Library and Community Room, for an afternoon get-together of Art Enthusiasts, with Gourmet finger-foods, fresh lemonade, herbal teas and coffee, catered by The Thyme Garden! Music will be provided by Steve Moore and Michelle Dedman, a popular local musical duo!

DEBI WILL BE AVAILABLE TO EXPLAIN THE MULTIMEDIA PROCESSES SHE USES WITH HER ARTWORK AND TO REGISTER PARTICIPANTS FOR HER UPCOMING WORKSHOP ON JUNE 24TH, WHERE STUDENTS WILL BE ABLE TO CREATE THEIR VERY OWN "CAPELLA ART" PIECES!

PLAN TO COME ENJOY THE AFTERNOON WITH FRIENDS, FOOD, DRINKS, MUSIC AND ART!

SATURDAY, <u>JUNE 3RD</u>, 2:00PM, IN THE MARY ROUNDS COMMUNITY ROOM AT THE ALSEA COMMUNITY LIBRARY





Debi with examples of her "Capella Art"

Gleaners Going Strong!

by Alsea Valley Gleaners Board of Directors

Late spring is a busy time for Alsea Valley Gleaners. We've been getting extra donations like plant starts and local meat, and farm produce starts to pick up after a long winter. We have a work party potluck coming up that's open to the whole community - see box for below for details. We'd love your volunteer help on some of our projects and it'll be a fun day!

We've received some generous grants already in 2023: The Siletz Tribal Charitable Contribution Fund awarded AVG \$2000 for food purchases, CPI Charitable Trust gave \$500 to help towards our overhead utility bills, and Linn Benton Food Share contributed \$900 towards buying two new refrigerators.

Alsea Valley Gleaners is a member-powered nonprofit. We receive donations weekly from many nearby grocery stores, farms, and other sources. Members get to do their own "shopping from free meat, produce, bread, eggs, milk, frozen, snack items, and much more - you choose your own food!

We always welcome new members and you can save hundreds on your monthly food budget. Come down and check it out - our distribution site is 18889 Haines in Alsea and we're open Fridays from 2-7pm.

Alsea Valley Gleaners Work Party & Potluck!

Saturday, June 3, 2023 18889 Haines Rd. in Alsea

The whole community is invited! Join in to help us with some projects to improve the Gleaners site. Come anytime between 10am-5pm. Potluck will be midday.

Come volunteer and celebrate with us!

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Alsea Wolverines Booster Club

The Alsea Wolverines Booster Club would like to share some highlights on how we are and will be supporting our youth and community.

Pottery Class – David Lynch has started an after-school Pottery Club for 6th through 12th grade. It has sparked interest in all the students. He also works with pottery with some elementary classes. This program has the potential to grow. The students are displaying their beautiful art and selling it to raise money for sullpies. The display is in the front hall by Ms Carol's desk. They have sold quite a bit so check it out when you can. The Booster Club donated funds to help support this program. We are looking forward to seeing what great things next year will bring!



Teacher Appreciation Week – On Monday, May 8, the Booster Club donated a large basket full of snacks and goodies, as well as Alsea "A" cookies made by Peggy Hendrix that were delicious. This was for all the staff because we know how hard they all work for our

children!



Future Projects – CPR/1st Aid Classes for High School Students - We received a small grant to do this. We were hoping to have it for 30 students and some adults but as of right now it is for 15. The class is from 9AM to 2 PM and will most likely be on a Friday or Saturday. We are not sure when we will hold the event, but we will keep the school and you posted. Most likely next school year. If anyone is tentatively interested in their student participating, please message me via FB or email.

With the Alsea Charter School District's budget reduction, it is important to help where we can. Academics, Athletics, Activities and Arts. Parent and community volunteers at the school and with the Booster Club for the upcoming year it is essential but something that is always great for our students.

Parents, if you would like to help at the school, we are sure they would be pleased to hear from you.

AWBC will be doing several fundraisers this upcoming year and would love to have anyone that is interested in volunteering to please contact us. You can PM us on our Facebook page or email us at <u>info@alseaboosters.org</u> You can also contact any board member.

Terry Lunsford - President Naomi Shadwick – Treasurer Sarah Sapp – Secretary Jamie Olsen – Bookkeeper Elsa Parmelee – Board Member Emily Lamb – Board Member

Thank you for all your support! Terry Lunsford



Preparing for wildfire starts at home!

Author: Kayla Bordelon

May is national wildfire awareness month! You can celebrate this year without even leaving home by working on preparing your house for wildfire. Here, I'll describe what the science tells us about how homes are lost in wildfires and share some top ways you can increase your house's chance of survival before wildfire strikes.

There are three ways that a wildfire can ignite a home or other structure: direct flame contact, radiant heat from nearby vegetation or other fuels (like a shed or car), and embers. Despite what we might imagine, wildfire rarely engulfs a structure in one big wall of flame. Instead, the research shows that most home losses (nearly 90%!) are actually caused by flying embers that land on, in, and around the structure.

What are flying embers? Imagine the sparks that fly up from a campfire. These are small bits of burning fuel lofted into the air. Now imagine a shower of much larger "sparks" that are pushed by wind from the burning front of a wildfire or burning structures, sometimes a mile or more ahead of the fire. We call these embers, or firebrands. When embers land on your roof, get blown into your vents, or pile up along the perimeter of your home, we want to make sure that they are blocked from entering your home and that they land on a non-combustible surface and self-extinguish. To do that, I'll share some hot tips for protecting your home from flying ember ignition.

- Roof: The roof is the most vulnerable part of your house, due to the large surface area. Wood shake or shingle roofs are a leading cause of home loss because of their propensity to ignite when showered with embers. When replacing your roof, use Class A (fire-rated) asphalt composition shingles, metal, clay tile, concrete tile, or other non-combustible options. Keep your roof and gutters clear of debris. Remember that wind-blown embers will collect in the same corners of your roof where debris piles up, such as against dormer windows or chimneys. Regularly clearing debris prevents firebrands from landing in a nest of fine fuel.
- 2. **Vents**: Attics, crawlspaces, and eaves often have vents that offer an opportunity for high winds to blow embers into your home. Reduce ember intrusion by adding 1/8th inch metal screens to all vents. Routinely check vents for accumulated debris so that you can maintain adequate ventilation.
- 3. Windows: Windows are an important line of defense when it comes to keeping fire from entering your home. When replacing windows, double-paned tempered glass offers 3-4 times more resistance to heat exposure than annealed glass. Add an extra line of defense by using metal 1/8th inch screens (plastic screens will melt at high temperatures or with direct flame contact). If now is not the time to replace windows, reduce the potential for radiant heat to cause window failure by removing any vegetation, like shrubs, that are close to your windows.
- 4. **Exterior walls**: Ember ignition of exterior walls can happen in a few ways. First, embers can ignite vegetation or debris at the base of your walls and catch combustible siding or any exposed sheathing under your siding. Gaps in siding also offer an opportunity for ember intrusion. To minimize these risks, it's ideal that at least the first 6 vertical inches from the ground are made of non-combustible material (as is often provided by concrete foundations). If your siding extends to the ground, it is even more critical that you don't have combustible material around the base of your house, like bark chips or other vegetation. Another way to reduce ember intrusion of your walls is to seal any gaps and cracks you find in your siding with caulking.
- 5. **Decks**: Embers can land on the deck surface, in the cracks that expose the deck substructure, and under the deck. If these embers find fuels to ignite, such as accumulated debris, vegetation, or materials (like lumber and firewood) that we often store under our decks, they can lead to a deck fire which exposes your home to direct flames and radiant heat. Best practices for reducing ember ignitions to the deck include sealing cracks that expose the subsurface and routinely clearing away debris from the deck surface and cracks. To reduce underdeck ignitions, do not use this area for storage. Instead, make sure it is free of debris, including vegetation. Decks can also be boxed in underneath with a non-combustible siding or metal screen.

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- 6. Attached fences: Just like decks that are attached to your house, if a combustible fence is attached to your house, it provides a pathway for fire to ignite the structure. Eliminate this pathway by installing a 5' or longer segment of non-combustible fencing (e.g., metal) between your house and the rest of your fence.
- 7. Five-foot structure buffer: The 0-5 foot zone around your house is a critical line of defense. This zone should be comprised of non-combustible material, like stone, pavers, concrete sidewalks, etc. Here in western Oregon, we often use wood mulch around the base of our homes. As you can imagine, if embers land in dry mulch it is likely to ignite the mulch and adjacent siding. You can replace wood mulch with products like crushed stone or gravel. One final tip is that anything attached to your house, like a deck or a fence, should be considered part of your house. Therefore, the 5' non-combustible zone should extend 5' beyond the edge of those attachments.

The long-term trend of warmer, drier summers and less predictable weather conditions means that the risk of wildfire will continue to increase in the coming decades. While an individual homeowner may not be able to change wildfire conditions, you do have a lot of power to improve the chances that your home survives a wildfire. If this peaked your interest, OSU Extension Fire Program has an in-depth recorded webinar on "home hardening" and an extensive list of additional resources on the subject. You can find those here: https://extension.oregonstate.edu/video/prioritizing-your-home-hardening-approach-recorded. Happy wildfire awareness month!



OSU extension shares guidance on improving the chances of home survival at the Oregon Garden fire safety house in early 2023.

Photo credit: Kayla Bordelon

VOC Building Plans Revamped with Enhanced CTE Potential

By Sara Cash

With the participation of Integrated Management Solutions (IMS), part of the Alsea Bond Project is getting a revamp from Marlene Gillis , a president of Soderstrom Architects out of Portland. The firm has a positive, prior working relationship with IMS and has designed multiple Vocational Education (VOC) buildings around the state including the new facility at Dallas School District. A planning meeting was held on May 8 to gather input from staff on how to maximize usability of the proposed learning spaces while minimizing the cost of the new building. The VOC building plans formerly proposed were over budget and did not align with staff plans for the budding Career and Technical Education (CTE) Program at Alsea School District (ASD). Happily, a "leaner, meaner" VOC building can be built using the existing excavation without impacting the recent utilities installations. The new building will be a one-story rectangular space rather than a two-story square one.

Current proposed plans will include spaces for a classroom, digital fabrication, wood and metal shop, welding, Forestry, Agricultural Sciences, storage, a regular school restroom, and a one seater closed door restroom with no gender specifications. In the future, with Perkins Grant funding, there will be a portable sawmill outside, hopefully under cover a prefab metal structure, with a log yard. Interior windows will make all areas visible to supervising staff. The entrance with a ramp will be on the south side facing the staff parking lot. Rollup doors with vehicle access for materials delivery will be on the north side of the building. Material and tool storage will be on the south side of the building, which would be inside the proposed locked fencing if it is installed.

At the time of writing, ASD is interviewing possible candidates for the newly created Ag Sciences position, which will provide dual credits in Science and Electives. CTE Teacher David Crowe also had a recent triumph when the Oregon Department of Education approved his proposal for an official Forestry Program at ASD.

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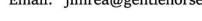


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Growing Twice as Much Food With Half the Work

By Glenn Bravy

Growing more food with less work is the goal for most gardeners. To make that happen, we need to put systems in place that do more of the work for us.

It's a great time to start planting right now. When it comes to watering the plants, we have two options: either we water several times per week ourselves or we water once per week and let the system handle the rest.

So, what makes this system work? Wood chips.

As your tomatoes and other plants are growing, place several inches of wood chips around the base of the plant. That does a few key things:

- It prevents the soil from getting baked and hard.
- Worms are now drawn to your garden beds, enriching your soil with the richest compost you can get (worm poop)!
- The soil stays cool and wet because it's shielded from the sun and evaporation.
- Wood chips retain extra water when it gets too wet and releases it when needed.
- It provides a constant source of natural fertilizer of all your base nutrients and minerals. After a year, no need to ever fertilize again.
- It smothers weeds fairly well by blocking sunlight to the soil.

This system mimics nature's process. Walk into the forest and pull back the pine needles. Notice how the ground several inches deep remains cool and moist year-round even without getting watered for months. Furthermore, the soil quality is richer than in our own gardens!

Not only does using wood chips allow us to do less work (less watering, less fertilizing, less weeding) but now we can spend more time relaxing and less time watering. Better results, less work.

Here's how to do it:

- Get a load of wood chips from an arborist or the store. The right chips are a combination of various sizes of wood/leaves/pine needles.
- Avoid pine bark nuggets.
- Place the chips around your plants, being careful not to smother them.
- Now, water deeply, and only water again when it's dry.

Have any questions? Give me a call or text at 503-550-0500.



CELEBRATING EARTH DAY!

EARTH DAY

is an annual event celebrated around the world on April 22 to demonstrate support for

environmental protection.

First celebrated in 1970, it now includes events in more than 193 countries.

By Janet Hagen

And well celebrated in the "country" of Alsea (pun intended). Each year, we host a day of reminding people to embrace our Mother Earth and do all we can to "cause no harm" and "leave a small footprint", and we do this in a fun way! Children are encouraged to participate in our "Earth Factoid Scavenger" hunt. This year, hidden throughout and around the display gardens were 10 clues (consisting of a helpful piece of earthly knowledge). Completing 10 you'd find a sentence with the thought for the year. Oh, and the little ones would get to choose a plant to take home with them.

We had local author, Amoris Walker, here doing a reading of her children's book. As they exited, kids got the opportunity to receive face-painting by Anika Stimac, animals, rainbows, and many earth friendly faces were embellished. We offered food – delicious and seasonal, prepared by Emily Stimac, overall event coordinator and kitchen mama of The Thyme Garden. It was simple food in washable bowls with real silverware and cloth napkins and drinking vessels.....all provided by Laurie Richer of **Green Girl**. She can provide reusable tableware for up to 300 people. You can reach her at (541) 207-7924, Facebook, or lauriricher@comcast.net. Contact her when you plan your next gathering. You'll feel better for it. Bethany Glanville of The Thyme Garden and Jaci Guerena of Sunnyside Herb School each led folks on outdoor walks, talking about the spring herbs already offering themselves to us. There was an all ages drumming circle led by Michelle Lovrich to awaken the earth with music. Sounded impressive over the entire gardens. The Earth Breeze laundry soap company out of Medford, Oregon donated full packages of their soap helping us to showcase the idea of less in our landfills. Find more at: www.earthbreeze.com. We ended with a shamanic blessing of the four corners of the earth hosted by Jaiaen Beck, who operates the Ancient Ways Marimba band and is a musical teacher of this pleasurable instrument.

Summer hadn't quite arrived (read as: still kind of wet and chilly) but a few hundred people turned out to show their support! Happy Earth Day to us all, this planet has hosted us for one more year!

And, not to be forgotten, **Mother's Day Art in the Garden** finally returned after a 3 year hiatus! For this weekend, the weather had turned summer, but I noted most people were very hesitant to complain about the sun, warmth, and bursting lushness of the returning plants! People streamed in both Saturday and Sunday to enjoy the free live music all day both days, our food booth on both days, with a supplemental crepe booth on Sunday to keep our food line from being overly long. Don't know how it could feel like waiting in line though as it went right by the live music. So, nobody really felt in line, but rather began foot tapping to some lively tunes, and swaying to the music as a belly dance troupe performed! We hosted 26 artists from far and wide, to offer Mom's a special gift in a special place. The magic of the day seemed to be felt by all, as many happy folks returned to or for the first time discovered The Thyme Garden and it's magical Mother's Day Event!

Pet Evacuation Preparedness

BEFORE:

- Only service animals allowed in most shelters. Make other arrangements prior to evacuating Practice evacuations with your animals
- Make plans for facilities, animal shelters or vets who care for your animals in an emergency
- Plan with neighbors or friends to ensure someone evacuates your pets if you can't
- ___ Current vaccinations with the paper work
- ___ Pets are collared with current identification
- __ Consider micro-chipping your pet
- ___ Put together a "go-bag" for each pet
- ___ Store the go-bag(s) where you can easily grab it
- ___ Go-bag supplies include:
 - ___ Food, water, medication, minimum 72 hours
 - ___ Bowl
 - ___ Manual can opener
 - ___ Extra collar with ID tags
 - ___ Leash and/or harness
 - ___ Protective gear, i.e. booties, rain gear
 - ___ Animal first aid supplies
 - ___ Plastic bags for waste disposal, paper towels...
 - ____ Sanitation wipes, bleach, grooming supplies
 - ___ Comfort items i.e toys
 - ___ High value (to your pet) treats
 - Pet crate & bedding labeled with pet's name, your contact information
 - ___ Small litterbox with litter

___ In a waterproof bag:

- Pet's medication records including proof of vaccinations
- $\ensuremath{\circ}$ Authorization for medical treatment in your absence
- Current picture(s) of you with your pet
- Records of any other ID or certifications (microchip, license, etc)
- Important contact information (veterinarian, alternate shelter, emergency contact)
- o Important behavior information
- \circ Feeding schedules in case you have to board your pet

DURING:

- Keep pets in the house or contained so you can easily collect them
- ___ Ensure pets are wearing collars & ID
- ___ Put "go-bag" in the evacuation vehicle
- Put pet crates in vehicle when packing so they fit securely
- ___ If you must leave your pets behind
 - \circ Do not tie them up outside
 - Leave them untied in an interior room with adequate air and no windows like a bathroom
 - \circ Leave a self-feeder with food and water for 3-5 days
 - Leave a faucet dripping as a water source; keep the sink drain open
 - Leave a notice on your front door with the location and type of pets, their names and your contact details

AFTER:

- Your pet's behavior may dramatically change after a disaster; keep them leashed when they go outside
- Maintain close contact with your pets to help them readjust to their changed environment
- ____ Be aware of hazards that may endanger your animals
- Be aware of hazards at nose, paw and hoof-level like debris, spilled chemicals, fertilizers and other substances
- Inspect your property as gates and fences may be damaged
- Scent markers that normally allow them to find the way home may be destroyed
- ____ If behavior problems persist, consult your veterinarian

Your Notes:



Treating Water: Filtering and Purification including Distillation During Emergency Situations

By Pam Wilson

Whether stored or "wild", there is **always** a need to treat water so it's safe to drink and use for cooking and cleaning. We want to avoid making ourselves sick because our stored water needs treatment. I marvel at how much water there is in my winter pond and how easy it would be to use it in an emergency. However, the cows drink from it and nightly we are treated to a chorus of Pacific Tree frogs as well as watching ducks floating on it. I am more likely to use our stored water, but it all needs to be treated. Even if you are using your water within the six months recommended for rotating water and especially if you are not, you must treat water of questionable purity.

First, filter your water to remove as many sediments and pathogens as possible:

- 1. Pour water through coffee filters, cheesecloth, several layers of paper towels, clean jelly bags, tea towels, pillow cases or bandanas.
- Many portable water filters (Sawyer, Life Straw, Katadyn) will filter pathogens as well. Buy a filter with a pore size of 1 micron or less to remove cryptosporidium and giardia; less than 1/10 micron to remove bacteria and less than 1/100 micron to remove most viruses.
- 3. If you already use a filter like a Berkely, purchase stand-by filters and check to make sure what you are filtering for. You may need to make some adjustments. Do this before there is an emergency!
- 4. An internet search of *water filtration systems* provides lots of information on the pros and cons of systems straw, pump, gravity and reverse osmosis. For emergencies, everyone in our family has a Life Straw and we have a Sawyer gravity-fed system that will filter enough water daily to keep us going.

Purification, the second step, is straight forward. Long-term survival considerations recommends only one way. Do not use iodine due to allergic reactions which range from rashes to anaphylaxis. Water purification tablets, often seen in camping and surplus stores are for short-term water storage. Before you start, where will your treated water go? While water is heating, clean and sanitize the containers the purified and filtered water will go in. Here is the process recommended in the several publications I read:

- 1. Measure filtered water into a pot with a lid and heat.
- 2. Bring the pot to a *rolling boil for one minute*. A rolling boil involves the entire pot of water bubbling and boiling. From the time the entire pot is involved, time for a minimum of one minute. At our valley's elevation, one minute is enough! Like in food preserving, boiling time increases with elevation. That is why we read mixed times in many publications.
- 3. After one minute of rolling boil, remove the pot from heat, leave the lid on and let the water cool for 30 minutes.
- 4. The next step is why you measured your water in step one: for <u>each gallon</u> of water, add 1/8 teaspoon of bleach.

for each 2L bottle, add 8 medicine drops. Let stand 30 minutes.

- 5. Bleach has a shelf-life around 9 months. Unless you use a lot of bleach, buy smaller bottles. Use 6% sodium hypochlorite with no scents, soaps, gels or thickeners.
- 6. At the end of the 30 minutes, if it smells like chlorine, the water is usable. If it does not, add 16 more drops of chlorine and let stand another 30 minutes. If at the end of the second 30-minute period, it smells of chlorine great! If it does not, than dispose of the water and find another source.
- 7. Distillation, another way to purify water, works for smaller batches (and in a CPAP machine):
 - a. Fill a pot halfway with water.
 - b. Tie a cup to the pot lid's handle so the cup hangs right-side up inside the pot, above the water.
 - c. Boil the water for 20 minutes. The water dripping from the lid into the cup is distilled from the vapor resulting from the boiling water. The condensed water will not include salts or other impurities.

Septic systems are the other utility to consider in a long-term situation. OSU Extension Service publications (catalog.extension.oregonstate.edu) has a section titled "emergency response." The seven documents are titled "Creating a Culture of Awareness". The two that go with our March topic of water are <u>"Survival Basics: Water – Tips for Securing Drinkable Supply."</u> EM 9285 and <u>'Survival Basics: Sanitation and Waste Management."</u> EM 9334. They are to the point with references for follow-up for specific actions you might need to take.

A Version of the Go-Bag – Every Day Carry

By Pam Wilson

April is the month readiness sites recommend we look at go-bags, also known as Bug-Out bags or Grab-and-Go bags. Today I'd like to write about a smaller version called *Every Day Carry (EDC)*. It's a specific way to think and practice readiness. In some form, most of us already do this!

<u>Every Day Carry first asks</u> **what's in your pocket?** Probably 90% of us who live in the country walk out the door carrying our cell phone and a pocket knife or multi-tool. What else do you carry while you work your land – wrench, duct tape, wire cutters, gloves? That is also part of **your** everyday carry. I wear a watch that notifies 911 if I fall and a paracord bracelet. I always have a bandana in my pocket and usually a small write-in-the-rain notebook, pen and my reading glasses.

A tourniquet and blood stoppage materials with your chainsaw is practical EDC. Telling people where you are going when you leave the house is standard practice. We make seasonal changes – sunglasses, sunscreen, raincoats, muck boots! *Every Day Carry* is thinking situationally, acting practically, paying attention and thinking! What we carry is peculiar to us! What we have stashed in our automobiles probably varies.

As we get ready to drive to town, we usually **pat our pockets on the way out** the door for three items – cell phone, wallet and keys. EDC websites say we carry too much in our wallets and urge us to slim down the contents. Keys may need organizing. Mine are on a carabiner. Besides keys, there is a whistle and a gaggle of large safety pins. The key chain is heavy, so I slip my ignition keys off when driving and pocket the rest. A friend carries a CPR shield and a round multi-tool on her key chain. I seem not to misplace this version of my keychain because it is large but I would like it less clunky ©

How far is it to the grocery store or doctor? What about working in town? If something happened and getting home became a challenge, how will you do that? Are you prepared for a flat tire? What will you do if traffic is compromised or there is a 3 hour delay while they clean up a tipped-over log truck? What if wildfire, landslide or earthquake keep you from home and family? Don't take going to town for granted! There really is no such thing as a "routine" trip!

The third stage of this EDC process is called <u>what's in my purse/pack?</u> Besides the normal "stuff", I have headlamp, matches, protein snacks, full water bottle, neck gaiter, tourniquet and Israeli bandage, hat and whatever meds/supplements I haven't taken that day. A fully charged battery pack recharges flashlights and phone. A small self-contained solar panel sits on the dashboard as a backup device. What's in your trunk, glove box or behind the driver's seat you would rely on in an emergency? In addition to space blankets, my go-to item is heavy-duty trash bags – the big black ones – invaluable almost anytime. If you work in town, what do you have in your office if you had to stay the night? The idea is that in an emergency, you and your family are safe, will not become part of the problem and could possibly offer aid!

If you want to know more, try these links. Be wary though – some are "purchase" sites that would love you to upgrade your EDC right now! Within 24 hours my computer was full of EDC ads! I especially recommend <u>Making Your Smart Phone</u> <u>Part of Your Survival Strategy</u> (www.selfrely.com/making-your-cell-phone-part-of-your-survival-strategy); I read three ideas I'd not considered for my phone. <u>Everyday Carry (EDC) Guide, Gear and Checklist</u> at <u>www.trueprepper.com</u> has a color-coded checklist divided into three categories: Minimum Requirements, Suggested Additions and Consider Adding. It was very helpful.

"The Ten Essentials" first published by The Mountaineers in 1974 (<u>www.rei.com/learn/expert-advice/ten-essentials</u>) is my gold standard. I used it to establish my EDC, my go-bag and my work bag. When I update my go-bag twice a year, I use the categories of the ten essentials.

Pet and Livestock Go Bags

Following up on Every Day Carry (*ECD*) article, this is about go-bag preparation for pets and livestock. A lot of information is available, so I'll share some of what I've read and refer to a valuable website that lists an additional 13 websites about pet preparedness, 11 sites about livestock preparedness and 4 sites for veterinarians:

> www.prep4agthreats.org/All-Hazard-<u>Preparedness/livestock-and-pet-emergency-</u> <u>preparedness-plan</u>

Livestock:

A three-article series from Colorado State University Extension (<u>www.ext.colostate.edu</u>) is written in the before, during and after format. Historical practices are highlighted in the first article while the middle article speaks to specific disasters. All contain further information you can access. These are in the livestock management series and are <u>Caring for Livestock Before</u> <u>Disaster (fact sheet 1.814), Caring for Livestock During</u> <u>Disaster (fact sheet 1.815)</u> and <u>Caring for Livestock After</u> <u>Disaster (fact sheet 1.816)</u>.

Louisiana State University is a treasure-trove of agricultural and preparedness articles – the list is endless – two I looked at were <u>Disaster Readiness for</u> <u>Horseowners</u> and <u>Disaster Readiness for Goat and Sheep</u> <u>Producers</u>. There is a huge section on emergency preparedness with an amazing range of flood-related articles. Talking with emergency services, I mentioned the LSU site and was told they were aware of the site and the emergency preparedness work.

Pets:

If you haven't done so, download the American Red Cross free app "Pet First Aid". The format is the same as the First Aid app for humans, easy to use. The American Red Cross has a "Pets and Disaster Safety Checklist" in a three part checklist – How Can I Prepare, What Should I Do? and After a Disaster. ASPCA has a 10 point checklist and FEMA also has a 3 point checklist which is then expanded with details. I tried to take these three checklists and make one that covers the bases. If I've forgotten something, please feel free to modify but I'd sure like to know what you did so I can make this better.

pameladevereauxwilson: article for SCV newsletter: pet preparedness kit, April 17 2023.



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Obituary for Wanda Lundgren

written by Granddaughter BJ France

Gram

Wanda Lundgren, 89, left this earth to be with her loving husband on the 7th of December, 2022. With her family by her side, she was loved and hugged on until it was her time to cross over. All of her great grand babies were able to call her and say their goodbyes and share their love for the matriarch of the family. She was ready and will be extremely missed. Her incredible love, patience, wisdom, humor, guidance, and devotion to her family was undeniably profound.

Wanda was one of two children, born in Sioux Falls, South Dakota on 9/7/1933. She was baptized at the Lutheran Church shortly after birth. Her father worked in a lumber mill and her mother was a housewife. Her family eventually moved to beautiful Eugene, Oregon. In elementary school she walked 1 mile each way, in junior high1 ½ miles each way, and in her high school years she would walk or ride the city bus 2 miles away. At the age of ten she accepted Jesus into her heart and was baptized once again with her brother Wayne and her mother. She, sadly, lost her mother shortly after due to tuberculosis. She referred to this time as "very difficult". Her love of animals (cats especially) continued into her adult life.

After high school, Wanda married Jack Hanson and had three babies. Mark, Colleen and David Hanson meant everything to her. Jack was called to the military early in their marriage, serving 18 months during the Korean War. Her family then moved to the beautiful valley of Alsea, OR. They were married for many happy years. During the trials and tribulations of life, her marriage ended and she went on to marry her late husband Eric Lundgren. They were married for 52 years. In this time, Wanda worked locally in Alsea as a waitress and worked for the Alsea School District. She volunteered with many organizations. She enjoyed bowling in a league in Corvallis and she enjoyed sewing the square dance outfits she and Eric wore for many years. And she loved harvesting her garden to feed her family and friends. She hosted pinochle parties, numerous family BBQs and Christmas Eve gatherings. She attended church religiously, traveled, camped, enjoyed canoeing and living the word of God as her faith was a priority. Walking on the beach was another love of Wanda. There was not much she didn't like to go and do. Her famous rolls will be talked about for years to come.

Throughout the years, you could find Wanda next to her husband cheering for her grandchildren and great grandchildren in their sports and activities. She enjoyed these events and keeping her husband as calm as she could (laugh). She was very proud of all of them and would remind them often. Wanda love travelling to spend precious time to see her daughter Colleen. She called her "daughter and best friend". Her daughter-in-law, Brenda, she held dear to her heart as well. Maxine, another daughter-in-law, she admired deeply. She spoke of being lucky with all of her daughters and sons in her life. Her husband, her beautiful family and her Lord were her primary focus which gave her peace and happiness. Wanda Lundgren will be forever missed and smiled about by whoever had the pleasure of meeting/knowing her. A gentle but strong woman with an amazing soul who was placed on this earth to spread blessings, wisdom, comfort and warmth.

Wanda left a message in her special book she left for her children. Her most important lessons in her life were to always look for the good in everyone, let God help you through the bad times, and relax and enjoy the good times. Life will always have both. Thank God each day for the many blessings and last, but not least, God is always available.

Wanda is survived by her brother Wayne and wife Mary, son Mark Hanson and wife Brenda, daughter Colleen and husband Mark Yeske, son David and wife Maxine, four grandchildren Rob (Angel), BJ, Ruby (Merle), John (Jessica); 10 great grandchildren, numerous nieces and nephews.

Her favorite bible verse was Philippians 4:6-7: Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Alsea Valley Voice







Saturday June 24, 2023

11AM - 4PM

Participants will create mixed media artwork using pencil, pen, watercolor and colored pencils. Material fees will be \$25 per person, and will include all supplies needed.

Contact Debi for registration, starting April 15, 2023

Come view Debi's current Art Exhibit:

"Art in the Rainshadow, Color, Light & Layers," during regular library hours,

April-June 2023!

"Capella" Mixed Media Art Workshop

Presented by Debi Friedlander, President of the Corvallis Art Guild and active artist in "Philomath Open Studios"

At the Alsea Community Library

Mary Rounds Community Room

Sponsored by Alsea Community Effort and

Benton County Cultural Coalition

Registration begins April 15th

Contact:

Debi Friedlander

debi@friedlander2.com 541-745-8908

REGULAR EVENTS CALENDAR

EVENT/NAME	LOCATION	DAY	TIME	PHONE NUMBER
Alsea Community Effort Board Meeting	Online - Zoom	3 rd Thurs Monthly	6:30pm	541-487-5061
Alsea Fire Dept. Board Meeting	- Alsea Fire Hall	Last Tues Monthly	7:00pm	541-487-8701
Alsea Fire Dept. General Meeting		Wednesdays	7:00pm	
Alsea 4-H Small Animal Club		1 st & 3 rd Thurs Monthly	6:00pm	541-207-6552
Alsea Wolverine's Booster Club				503-740-9639
Alsea Food Bank	Jeni's Place	Thursdays	10:00am-6:00pm	541-487-3663
Alsea Garden Club	TBA	2 nd Sat Monthly	1:00pm	541-487-5191
Men's Bible Study	ACF Church	1 st Sat Monthly	8:00am	541-487-4442
Alsea HOPE Grange	Grange Hall	1 st Thurs Monthly	6:00pm	541-486-4215
Line Dance Class		Mondays	6:00pm	541-452-1919
Alsea School Board Meeting	School Library	2 nd Thurs Monthly	7:00pm	541-487-4305
Alsea Valley Gleaners Distribution	18889 Haines Rd	Fridays	2:00pm-7:00pm	503-951-2499
Stitch and Rip Quilting Club	Various (please call)	Mondays	10:00am-3:00pm	541-487-8011

ALSEA VALLEY VOICE

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May - June 2023